

**Dr Simon V. Bariol**  
MBBS BSc (Med) FRACS  
**Urological Surgeon**

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Westmead Private Hospital  
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Westmead 2145

Suite 9, Kildare Court  
15-17 Kildare Rd  
Blacktown 2148  
**All appointments:**  
**Ph 98317400**  
**Fax 98317500**

**You have been scheduled for a Voiding Flow Rate & Bladder Scan**

This study determines the speed with which you urinate ("flow rate"). Flow rate can be affected by bladder problems, or a blockage of the bladder outlet (prostate or urethra).

To make sure that the test is done properly, you must present to the rooms with a comfortably full bladder. You will be requested to void into a measuring device in a private room (no one is present). After this, the practise nurse or Dr Bariol will use an ultrasound to measure how much water is left behind in your bladder ("residual volume"). If your bladder is not full, please drink fluids until it is full, to make the test meaningful.

**Preparation:**

- No fasting is required. Eat as normal.
- Try to report for your evaluation with a comfortably full bladder.
- Empty your bladder at least 2 hours before your appointment. Then commence drinking 1 litre (4 cups) of water which must be completed one hour prior to your appointment time. **DO NOT URINATE AGAIN BEFORE YOUR APPOINTMENT.** If you empty your bladder just prior to your appointment, it may delay your test. If you have a catheter fitted with a flip-flow valve, do not empty it for a few hours prior to your test.
- A full bladder ensures a better result.
- There are no risks or complications from this procedure.
- Please contact Dr Bariol's rooms if you have any queries -  
PH: 02 9831 7400

**Appointment: Day .....Date :..... Time:.....**

**Cost:.....**

(Note: No rebate can be claimed through Medicare, as this is a Gap payment)