

Dr Simon V. Bariol

MBBS BSc (Med) FRACS

Urological Surgeon

Suite 6
Westmead Private Hospital
Cnr Mons & Darcy Rds
Westmead 2145

Suite G12
Norwest Private Hospital
11 Norbrik Drive
Bella Vista 2153

Suite 9, Kildare Court
15-17 Kildare Rd
Blacktown 2148
All appointments:
Ph 98317400
Fax 98317500

You have been scheduled for a Vasectomy

A vasectomy is a safe, effective male sterilisation procedure. You should consider the procedure permanent and irreversible. A vasectomy will not render you infertile immediately, and you will need to carry on with current methods of contraception until semen analysis has been performed, or risk an unwanted pregnancy. In very rare circumstances (1/10,000), the cut ends of the vas can join together again even years after the procedure. The procedure is performed under local or general anaesthesia, and takes about 30 minutes.

Preparation:

- You will need to fast 6 hours before your procedure.
- Inform the doctor of all your medication especially anti-coagulant (blood thinning) agents. You will be instructed which tablets to cease prior to the procedure.
- If possible, you should shave or wax the hairs from your scrotum the night before your operation.

Following your vasectomy:

- It is normal to experience discomfort, bruising and swelling in the scrotum, but this should settle within a week.
- To relieve these symptoms:
 - Take regular paracetamol, panadeine or panadeine forte (every four hours, no more than 8 per day)
 - Wear supportive underwear (tight jocks or speedos), particularly when walking.
 - Avoid sexual activity or heavy lifting for 1 week
- You may bathe or shower normally from the day after your vasectomy, but dry the wound carefully. The sutures will dissolve 7-10 days after your operation and do not normally require removal. If the wound is excessively painful or you notice undue swelling or discharge, contact Dr Bariol or see your local doctor.
- Make an appointment to see Dr Bariol approximately 2-3 weeks after the procedure for a wound check and to arrange semen analysis.
- Perform semen analysis 3 months after your vasectomy. Dr Bariol will contact you when your result is available. **YOU MUST CONTINUE TO USE CONTRACEPTION UNTIL YOUR SEMEN ANALYSIS CONFIRMS THE ABSENCE OF SPERM IN YOUR EJACULATE.**