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Post vasectomy: Semen Analysis

Vasectomy is a safe, effective male sterilisation procedure. You should consider the procedure permanent and irreversible, however it will not render you infertile immediately, and you will need to carry on with current methods of contraception until semen analysis has been performed, or risk an unwanted pregnancy. In very rare circumstances (1/10,000), the cut ends of the vas can join together again.

You should perform semen analysis 3 months after your vasectomy. Dr Bariol will give you a form to take to pathology along with your sample. **YOU MUST CONTINUE TO USE CONTRACEPTION UNTIL YOUR SEMEN ANALYSIS CONFIRMS THE ABSENCE OF SPERM IN YOUR EJACULATE.**

COLLECTION OF SPECIMEN

1. Abstain from ejaculation for 3-4 days.
2. Collect complete ejaculate (by masturbation) into the container provided.
3. Label the container with your surname, first name, date of birth, date and time of collection.
3. Mark the container "Fertility" or "Post-Vasectomy" as the case may be.
4. Do not refrigerate.

DELIVERY OF SPECIMENS

1. Rapid delivery of the specimen to the laboratory is essential for accurate results. If possible, you should deliver the specimen to the nearest laboratory (see pathology form) within 1 hour of collection.
2. If you cannot deliver the specimen directly to the nearest laboratory, it can be taken to a collection centre, but this may cause transport delay and affect the results.